

Dr. Aleksandra Szpak

Specialist Associate of Royal College of Psychiatrists

Specialty Training – University Hospital, Jagiellonian University, Krakow, Poland

June 2000 – Feb 2001	General Adult Psychiatry, Clinic of Psychiatry, Krakow, Poland
March 2001 – June 2001	Neurotic Disorders Unit, Clinic of Psychiatry
July 2001 – September 2001	Family Therapy Clinic, Clinic of Psychiatry
September 2001 – January 2002	General Adult Psychiatry, Babinski Hospital
February 2002 – April 2002	Neurology Department, Dietl Hospital
May 2002 – August 2002	Day Hospital, Part of Psychosis Treatment Clinic
September 2002 – January 2003	Affective Disorders Unit
January 2003 – June 2003	Child and Adolescent Unit
July 2003 – September 2003	Toxicology Unit
September 2003 – February 2004	Old Age Psychiatry Unit
February 2004 – July 2004	General Adult Outpatient Clinic
July 2004 – October 2004	Alcohol Addiction Therapy Unit
October 2004 – January 2005	Psychotherapy Department
February 2005 – March 2005	Forensic Psychiatry Department
April 2005 – May 2005	Liaison Psychiatry

Further Employment in Poland

July 2005 – October 2005	Babinski Hospital, Poland <i>General Adult Psychiatry</i>
April 2004 – June 2006	Centre for Crisis Intervention and Family Care

Employment in the UK:

August 2006 – February 2007	The Priory Ticehurst House, Ticehurst, East Sussex <i>General Adult Inpatient Unit and Child and Adolescent Inpatient Unit</i>
July 2007	Mount Gould Hospital, Plymouth, Devon <i>Child and Adolescent Inpatient Psychiatric Unit</i>
August - October 2007	East London and the City NHS Trust, East Ham, London <i>Community Mental Health Team</i>
January – March 2008	East London and the City NHS Trust, Homerton University Hospital, Hackney, Homerton Row, London <i>Specialist Addiction Service</i>
April - July 2008	East Kent Hospitals NHS Trust, Georges Turle House, Canterbury, Kent <i>Child & Adolescent Mental Health Services: Outpatient Clinic</i>
October 2008 – Current	Oxfordshire & Buckinghamshire Mental Health NHS Foundation Trust Harlow House, Harlow Road, High Wycombe, Bucks HP13 6AA <i>Acute Community Services: Home Treatment Team, Acute Day Hospital, Assertive Outreach Team</i>

Teaching Experience

Medical Students from Jagiellonian University, Krakow.

Research

Areas of interest include post traumatic stress disorder and intergenerational transmission of trauma.